The Power of Trustworthiness

Have you ever had someone you can rely on? That is the power of trustworthiness! Trustworthiness is the ability to be reliable, dependable, honest, and doing what is right, even when no one is watching. When you are trustworthy, people know that they can count on you to keep secrets and your word. It can help us build relationships, safeguard our money, have a good reputation, and keep us healthy.

From my perspective, trustworthiness is similar to honesty, because when you are trusted, you have to keep your word and do what you say you will do. For example, when my mom asks me to help around the house, I do because my mom was confident and knew that she can depend on me to help out around the house. I felt happy that she trusted me to do the job.

In addition, trustworthiness is being reliable. Being reliable can help with doing what is right, even when no one is watching. For example, once, I was in the kitchen all by myself and wanted to sneak some snacks. When I realized that it is not right to sneak, I resisted how much I wanted to eat them and just left the kitchen. I did what was right when no one was watching.

Trustworthiness is the key to healthy relationships.

The Power of Trustworthiness - Cont.

- Healthy relationships can impact people's health by helping recover from diseases and even lengthening your life! Another way trustworthiness can impact our health is the relationship with the doctor. For example, if someone was having a surgery, it's because they trusted the surgeon to not damage their organs while performing the surgery.

Secondly, trustworthiness can help safeguard our money. For example, our parents put their money in the bank because they trust the bank to give them their money whenever they need their money. If they didn't trust the bank, then they wouldn't put their money there.

Lastly, trustworthiness can impact your reputation, too, leading to bigger opportunities and more respect from people. A good reputation makes a nice and trustworthy person whom you can trust. For example, since I am a nice person, people can say I am a trustworthy person.

In conclusion, trustworthiness is a way to show honesty, privacy, reliability and a good reputation. Trustworthiness means being reliable, even when no one is watching. Trustworthiness is what makes us feel safe around each other. We feel happy when we are

The Power of Trustworthiness - Cont.

- trusted. Trustworthiness is something everyone should have to bring each other together, and to make the world happier.

THE END!!

Name: Samantha Lamenew
Date: 1-26-25
Teacher: Abby Maichin