

# Oregon FCE News

Volume 29 Issue 2

Oregon Association for Family & Community Education

April 2022

## President's Comments



## President's Newsletter Article April 2022

*From Spring Board Meeting*

The last two years has brought us a time that all of us will never forget. We have seen the very best of people and, at times unfortunately, sometimes the worst of people. The COVID-19 virus has changed our lives forever. We have all learned to do things that we never thought that we could do. Things appear to be getting better as time goes on. Cases of Covid-19 have dropped dramatically in the last few months and many of the Covid restrictions are going down. By the time we have this Spring Board Meeting, most all mask restrictions will be gone. In the past two years, we have found ways to safely hold activities that we may have never thought about. We have learned how to do things to protect us from this virus, and although it has made our lives difficult, I am sure that each of us, using wisdom, physical, and spiritual strength we will all endure this tragic event. I hope that each one of our Oregon FCE members are safe and that they are doing all that they can do to remain strong and safe. Every day my prayers go out for, not only the FCE members but for all the people of the world in this battle against COVID-19. Because of the Covid-19 concerns, I have not had the opportunity to visit any Oregon FCE events, mostly because they had been canceled. I have always planned to attend as many of the District, County, and other various activities as I could. I miss those visits but fully understand why they have been postponed or canceled.

Although most of our FCE events across the state have been canceled the last months, since March of 2020, I have seen and heard of many great things

that our members, Study Groups, and FCE Leadership members have done in these tough times. We did hold the 2021 Oregon FCE State Fall Conference in October in Springfield, Oregon. We had 25 full time attendees and a few part time attendees. The number of participants was down from the past but, with Covid-19 concerns, very understandable. Meetings were held, great lessons were taught, local tours were available, great speakers were presented, officers were elected, laughter was plentiful, auctions were done, new friends were made, and... most importantly everyone got to visit with their FCE friends. All of the reviews of the Conference were positive. One big change for the upcoming 2022 Fall Conference is that the Oregon FCE Board has taken over the responsibility of "hosting" the Conference. They, along with help from FCE members across the state, all duties and responsibilities of the Conference will be taken care of. This change was done to relieve the pressure from the Districts hosting the Conference with the decline of membership throughout the state.

All the arrangements have been made for the 2022 Oregon FCE State Fall Conference. Oregon FCE members, Study Groups, and Counties have all volunteered to serve in the various duties needed at the Conference. The Conference will be held at the same hotel as last year. It will be at the Hilton Garden Inn in Springfield, Oregon on October 2-5, 2022. We are looking for input as to where to hold the Conference in 2023.

The monthly Oregon FCE Zoom lessons have continued since they were started in January of 2021. What started out to be an Oregon FCE Zoom lesson quickly spread to FCE members across the USA. As of this date, there have been 15 lessons given by both FCE members and Friends of FCE from several states. All of the Zoom lessons have been recorded, loaded onto YouTube, and the links are available on the Oregon FCE website [www.oregon-fce.org](http://www.oregon-fce.org). We are also looking for people willing to teach the Zoom lessons. I will take care of setting up all the Zoom invitations etc.

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Please let me know if you'd be interested in presenting a lesson.

It has been a real struggle for me this year to accomplish all that I had planned to do for Oregon FCE. Although most FCE activities had been canceled I still got several things done. They include:

- Tried to communicate with Oregon FCE members throughout the state and Nation.
- Worked with those members and Study Groups that were struggling due to the COVID-19 crises.
- Maintained a good financial basis for Oregon FCE through prudent spending and the continuing fund-raising efforts with the booth at Keeper's Corner.
- Worked at letting all Oregon FCE members know of the various scholarships and other help that Oregon FCE members can use as a financial aid for memberships.
- Sent out numerous emails trying to keep in communication with Oregon FCE members. Those emails included information about the "happenings" of Oregon FCE, Lessons that can be provided, information from ACWW, and other important information.
- I have strived to bring the "Spirit of FCE" wherever I went and whoever I communicated with.

Before I close this President's report, I want to, as I always do, repeat "Scott's Challenge." My challenge to you is to do all that you can do to "Grow" this organization. This is an extremely difficult thing to do in these tough times, but together we can do it. We, as FCE members can make a difference in increasing our membership. Every one of you was "Invited" to join this organization. Now it's your turn. Don't do this great organization a disservice by not inviting others to join. Don't let FCE die. You, each of you, can be the salvation of Oregon FCE.

One last reminder, if we don't do something to help this organization grow, the challenges of "Aging Out", COVID-19, and an "I don't care attitude" will destroy this organization. Become part of the solution. Don't be a "Nay-Sayer," become a "Yay-Sayer." If we, all of us, don't start doing these things, we will continue to see the slow, if not quick, decline in FCE membership. If you don't care, do nothing and nothing will happen. Do your part and we can stop, and even grow the FCE membership. It all starts with you and me. Let's all

make FCE all that it can be. We need to start today! How many of you are willing to accept the challenge I give you today?

This is the second year of my second term, for a total of 5 years, as your Oregon FCE President. The time has come and gone quickly. It has been a great honor to serve each of you and I hope you know that I have done it to the best of my abilities. I appreciate all the love and support that each of you have given me, from the individual FCE members up through the many FCE officers. Working together, we can accomplish many great things at all levels of FCE. I look forward to the next two years as your Oregon FCE President. I am excited about the things that we have done, can do, and will do in Oregon FCE. With all of us working together we can make Oregon FCE all that it can be. "It is what you will it to be".

Thanks for all you do,  
Scott Teeples – Oregon FCE President

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## Web Site for Oregon FCE

[www.oregon-fce.org](http://www.oregon-fce.org)

Again, please check out the web site and let me know what you think. There is lots of information and forms available to all members. Have you checked out YOUR County "Invitation to Join" Brochure that is now available. Please contact Scott Teeples at 541-891-6456, or email [sfteeples@charter.net](mailto:sfteeples@charter.net) if you have any comments or questions.



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## Remembering FCE Members

**Karlene Christianson**  
**Contemporaries FCE Study Group**

Karlene was a fairly new member of FCE. I first met her in Pendleton at the Underground Tour, Tom Currin had dropped her off for the tour. My Amity Study Group took her under our wing and continued with lunch and a tour of the Mustard Outlet. We had a lot of fun that day. At other Conferences she joined in our game nights and we had a lot of laughs.

I'm sure that others knew her better and have many other stories. We will miss Karlene.

**Edna Hobbs**  
**Woodburn FCE Study Group**

Edna was a member that knew no stranger. She was a very outgoing person and loved to meet and help people. The past few years she was a helper to others in her senior living facility: reading to them; taking them shopping and helping write letters and cards to loved ones. Edna will be missed by many.

**Shirlijean Abel**  
**Sheridan FCE Study Group**

Shirlijean will be remembered for her doll collection. She collected and repair many dolls. She gave a lesson at Yamhill Spring Festival on how to repair dolls. Very informative for those that saw the presentation. Shirlijean will be missed by many.

(I'm sure that others will have much more to say about these women. At our 2022 State Conference we will have a memorial time. Come, share and learn more about these women and their love for FCE.)

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**Oregon FCE Lessons Taught Using ZOOM**

ZOOM lessons are continuing. May 4, Carrie Teeple Evans will be our leader talking about different flatbreads from different cultures around the world. Flatbread has been used for generations upon generations as a meal-time staple (and in many cases, used as the utensil of choice!). We'll be reviewing just a few of these breads (and trust

me, there are many) with a special focus on Naan bread.

Carrie met her husband after working 17 years in the restaurant industry in a multitude of leadership and teaching roles. Fairbanks, Alaska is their home but Oregon will always be in her heart.

Carrie enjoys cooking from scratch, food preservation, saving her family money, learning about different cultures, learning about the human body, spending time with her family and exploring all that Alaska has to offer.

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**The Treasurers Bottom Line**

Each board meeting, I give a financial report of the condition of the Oregon FCE Treasury. All board members including each District Director are given copies of the balance sheet, the current profit and loss report, and, at the Fall Board meeting I generally have a report called "The Bottom Line". The purpose of these reports is for your board of directors to assess the state of Oregon FCE finances. I encourage them to share this information with members of Oregon FCE. I feel it is important that YOU ALL know that the board is working hard to keep finances in check and, in view of the fact that we are continually losing members, to make sure that we can meet our obligations and keep our balances in the black!

As reported at the 2022 spring board meeting we have an overall balance of \$66,493.90. This is an all-inclusive balance of our investments (CD's), Education Fund Savings account, and our checking account. If you would like to know the balance of each fund, please contact your District Director, or me, and we can get a copy of the reports to you.

The thing that concerns me most right now is not the money issue; it is that our membership has fallen to 131 and that includes ten new members for the year. We had a net loss of eleven members after gaining the ten new members. Oregon has not had a significant gain in membership since 2011, when there was a gain of 50 members and 2012, a gain of four members. Since that time, we have lost anywhere from 30-60 members EACH and EVERY year. Those numbers are sobering. WE will be a defunct organization within five years if we continue to go the way we are going.

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Years ago, I was told a true story of an FCE group in the mid-west. The state members were asked by their state leaders to increase the membership of each of the study groups by one or two people. (A very attainable goal!) One group wrote to the leaders and said “We only have 12 chairs for people to sit on at the meetings. We cannot get new members until someone drops out or dies, because we wouldn’t have room for them to sit.” REALLY??? Soon, with that attitude, even those twelve chairs will not be needed. Unfortunately, some of the excuses I hear from members around our state are just as shocking.

What is it that keeps you from inviting someone to your meetings? Do you feel the lesson information is not important? Do you feel they wouldn’t be interested? Do you feel that our organization is not what they are looking for? Don’t prejudge their answer. Maybe they are looking for a group of any kind to join. A place where they can learn, be welcome, gain new friends, serve others, or gain a new perspective on life. Someone is yearning to be a part of an organization that makes a difference in the community, the state, the nation, and the WORLD! We have that organization!! You only need to ASK someone to JOIN your group, many times the answer will be YES!

What are you willing to do to keep Oregon FCE alive? Are you willing to SHARE what we do and who we are? Are you willing to LOVE your organization and your friends enough to keep the organization going? Are you willing to INVITE someone to one of your meetings? Or do you “only have enough chairs for twelve?”

Bonnie Teeple-Oregon FCE Treasurer  
541-891-2662--bdteeple@charter.net

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### **Heart of FCE**

I received 4 nominations this year. They were:  
Claudine Eden, Yamhill County;  
Cynthia Gibson, Jackson County;  
Scott Teeple, Klamath County;  
Karen Walker, Washington County.

The judges do “blind judging” meaning I retype the entrees taking out all identifying features such as name, gender, county, group name etc. so the judges never know who they are reading about, this is the fairest way to judge so they don’t vote for anyone they know only for the work they do for FCE.

All the entries are very deserving people, I am keeping the other three for next year if those Counties want to nominate them again.

The Heart of FCE for 2022 is Cynthia Gibson from Jackson County.

### **Character Counts**

The 2022 winner is Abbi Brown from Keno Elementary in Klamath County, her entry will go on to National.

I was disappointed I did not receive any entrees from around the State, I am hoping this will be rectified next year

Sandie Bolyard  
V.P. for Public Policy  
Character Counts Chair

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## **District and Study Group Reports**

### **District I**

District One covers Clackamas and Washington County. Clackamas County has 5 groups with a total of 41 members. Washington County has 2 groups with 21 members and 2 independent members, making a total of 64 members. No deaths were reported.

FCE hours for Clackamas was 536, other volunteer hours 1,378 making a total of 1,914 hours. Washington County reported 428 hours for FCE and 4,038 for other volunteer activities. These hours were community centered around church, school and hospital work.

Most groups meet by Zoom or in member’s homes. With the help of OSU extension agent, Maureen Quinn Loes, we were able to continue with District One business.

Kay Gooding, District I Director

## **District III**

### **Marion, Polk, Yamhill, Linn and Lane Counties**

Lessons taught in some counties were: Let's Get Outside; Things to Know When I'm Gone; Medical Cannabis: Benefits & Ill Effects; Natural Home Remedies; Destination Oregon; Time Management and Chocolate lesson. Everyone worked around "COVID".

**Yamhill County:** Amity 6 members, Sheridan 7 members and Creative Homemakers 12 members

**Polk County:** The last group in this county, Homemakers Unlimited has filed to disband their group after 43 years. District III Director created a Study Group Disbandment form, had President Scott Teeple look it over, sent a copy to the Homemakers Unlimited last Secretary to be signed by the last President or Vice President (if possible).

Copy of form is available by email.

**Marion County:** Two Members-at-Large, Rene' Metteer and Linda Schollian.

**Lane County:** Lost Creek 11 members.

Total FCE members in District III is 38 in four study groups.

Total FCE Hours are 818, Community Hours 1,375

**FCE activities** include teaching lessons, keeping county councils active planning fce events, writing articles and mailing out the MPY and State Newsletters. Watching our Oregon FCE Zoom lessons and sharing the info. Giving rides to fce meetings. Calling or emailing members in District III to check on their health and the health of their study group. Mailing lesson packets to members-at-large.

**Volunteering in our communities.** Holding a home-baked Baked Goods sale within our group then giving \$50 each to the Dexter Food Pantry and Dexter Fire Department. Making and selling fresh green wreaths, using \$100 on gifts for Amity Tree of Giving. Buying and making Christmas gifts, including 4 winter coats for young mom with three small children. Driving FCE members to their volunteer jobs at local museums and library, crocheting, knitting and quilting blankets or layettes for those in need. Church leadership, volunteering elderly care, and working at a local food bank.

With the pandemic no study groups enjoyed any REAL tours. Next year maybe.

Yamhill's Spring Festival March 16 was a Hoot! We tried a new idea – if your State President will be showing photos of Malaysia, where next ACWW will be held, you could name the event "A Taste of Malaysia". And have the County Council make Malaysian food. So, who's going to plan the food? Linda B. said "I'll run the used books sale, Sally and Sharyl said "We'll handle the registration and raffle, and Lynda N said "I always plan all the games". They looked at me, "You research and plan the menu!"

Malaysian food contains a blend of Indian, Thai and Japanese favorites. The council made Sambar (veggies/tomatoes/spices) with Sally popping black mustard seeds. Bought Naratan, all to serve over Jasmine rice. Also, shredded chicken, three different snack bites, coconut milk rice mounds topped with shredded coconut & parsley, hard cooked eggs nestled next to slices of cucumbers and platters of fresh fruit.

For bread, we surprised people with lentil Applam. It starts as a thin disc, then 45 seconds on high in a microwave and it blooms into a large frilly sea shell shape of crisp deliciousness. Two favorite Malaysian beverages were served, Teh Tarik, Pulled Tea of black brewed tea with condensed milk then frothed to give each glass a head of foam. Rasa Klaski was served so people could guess what it was. (It's Coke)

Each study group brought one or two desserts to share.

District III's Heart of FCE was announced, Claudine Eden from Sheridan who headed up so many of her group's events. Their study group will be disbanding with some members moving to other groups.

**REMEMBER SEPTEMBER** is an open meeting, no lesson. Have your group take an "education" tour to a local business, place, art or craft gallery. Tour your own downtown. Enjoy a picnic in a park and invite friends to join you. Ride the Carousel in Salem's Riverfront Park, stroll down to the giant world globe.

Anne Engen District III Director

## District V

### Phoenix/Talent Study Group:

Lessons: Searching for Chocolate; Protecting Yourself Against Scams, Shams & Frauds; Malaysia; Antibiotics – History, Use and Misuse; Healing Power of Food

Happenings: Missing a couple members so they've just been gathering to chat and catch up with each other

Volunteer Hours: FCE 100 Other 151

### Chiloquin Study Group:

Lessons: None. There are currently 2 members and has pretty much disbanded. Other members did not want to have leadership positions.

Happenings: Not too much. Kerry has been working on a lesson.

Volunteer Hours: FCE 150

### Prospect Study Group:

Lessons: Rabies; Chocolate; Malaysia

Happenings: SG President, Karen, is moving by the end of April to an area not too far from where is; however, she will not have wi-fi available to her. The SG will need to elect a new President. Karen plans to attend all the meetings she can. The group currently has 6 members, but they have "two on the hook".

Volunteer Hours: Not currently being tracked

### Contemporaries Study Group:

Lessons: Basics of Soup; Naan Bread; Positive Thinking; The History of Dolls; 5-Points of Communication and in December they made beautiful Iris paper folding cards and had a potluck as well.

Happenings: Working on Vet packets (they have a "load of items" ready for DAV); Books for Newborns: Scott is scheduling a time to work on Comfort Bears with Henley High School. A member also helped another group with a Comfort Bear project. Sandi delivered hygiene items to the Gospel Mission in K. Falls.

Wanted to mention Karlene Christensen passed away. She was the SG's treasurer for years and a great friend to so many people in and out of FCE. She will be greatly missed.

Volunteer Hours: FCE 400 Other 400

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## More from District I

*Normally in Caring and Sharing Newsletter*

**The Rural Dell and Wildcat FCE Groups** in Clackamas County, District 1, were already a combined group when the CoVid pandemic stopped our monthly meetings. In November 2021 the meetings started up again at the home of our group's President Beryl Fisher.

We've been meeting monthly at Beryl's home with good attendance. The group has enjoyed FCE programs on Chocolate, Antibiotics, Obesity, Dolls, Malaysia, Rabies and Scams. Visits to the Mt. Angel Doll Museum and the Aurora Museum are in the works for summer field trips in lieu of meetings.

Due to CoVid, the Rural Dell/Wildcat FCE annual Spring Luncheon/Share Fair fundraiser hasn't been held but we're looking forward to continuing those again in 2023.

It has been good to come back together to laugh and learn, support and share with each other.

Ann Clites, Secretary

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## Clackamas County FCE Woodmere FCE

At our County Council meeting we got our new 2022 Oregon FCE Handbooks. We have Five Groups, 40 members, we're all trying to get organized after the Covid shutdown.

February, Clackamas and Washington Counties had a ZOOMING SESSION for ideas for our Oregon State FCE Conference table decorations, for October 3-5 at the Hilton Garden Inn in Springfield, Oregon. Myrna Loucks', daughter, Lynn has volunteered to do our table decoration. She's a very creative and knowledgeable lady, so we're ALL very excited to have her assistance and expertise in this ADVENTURE. (You'll have to attend the State Conference in Springfield, Oregon to see her completed works.)

We're all busy doing various duties: collecting dimes for Dimes for ACWW; church projects; donating to Sno-Cap; My Father's House; Francis Center; Blood donations to Red Cross; helping friends and neighbors; attending groups meetings; as well as County Council meeting and Officer duties in their groups.

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Patti Malanaphy is State Secretary, so March they had their “ZOOMING BOARD MEETING”. She’s kept busy typing up all those minutes. Good Job, Patti.

Several attending the ZOOM lesson on “Junk in your trunk”, by Bonnie Teeples. Interesting and good lesson. What’s in your trunk?

At our April meeting, Woodmere FCE will be voting on their May trip and location for luncheon together, ending meetings until Fall. So even though Covid is calming, we still are wearing masks in some stores.

Hope to see you at the 2022 National FCE Conference July 14-17 in Portland, Oregon and the Oregon State FCE Conference October 3-5 in Springfield, Oregon. Stay safe and healthy through the summer into fall.

Cathryn Schabell

make sure they are all coated. Cover with foil and let marinate in fridge or at least one hour, or overnight.

3. When ready to bake, preheat oven to 325.

4. Bake sandwiches for 10 minutes covered and another 10 minutes uncovered.

Enjoy! Karen Walker, President



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### Washington County

We are moving along with Advisory Council meeting still on Zoom. We are hoping to arrange a get together with Clackamas County this Summer, hopefully something outside.

### Siri Daly's Sticky Ham Sandwiches

COOK TIME: 20 minutes, PREP TIME: 15 minutes  
SERVINGS: 12

#### INGREDIENTS

1/2 cup (1 stick) unsalted butter  
1 tablespoon dry mustard  
1 tablespoon Worcestershire sauce  
2 tablespoon brown sugar  
1 tablespoon poppy seeds  
1 package small sweet Hawaiian buns  
1 pound sliced ham  
1 pound sliced Swiss cheese

#### PREPARATION

1. In a medium saucepan, bring butter, dry mustard, Worcestershire, brown sugar and poppy seeds to a boil in a saucepan. Lower heat and let simmer for a few minutes. Set aside.  
2. Slice buns in half and assemble sandwiches by adding desired amounts of ham and cheese. Place in a small baking dish (it helps if they fit snugly in there) and pour sauce all over, using a spatula to

### New on the National FCE Website

[www.nafce.org](http://www.nafce.org)

Scott Teeples has added newsletters from other states to the National Website. Check it out and see what other states are doing. Right now there are letters from: Alaska, Hawaii, Kansas and Oregon.

Also check the Website to find the registration for the National Conference to be held in Clackamas, Oregon. Dates are July 14-17. Check there to get all the latest information on the conference and the hotel information. Let’s make this a great conference and have lots of Oregonians attending this conference. You know the price is right because you have no airfare to worry about. It is right in our backyard.

**“Be the Spark that ignites FCE”**

Looking forward to seeing you in July!

# OR Assoc. Family & Community Education

Oregon FCE News  
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## 2022 Oregon FCE Calendar

### February

21 Presidents' Day

### March

13 Daylight saving begins

15 Deadline Heart of FCE

Deadline Character Counts

Deadline 2<sup>nd</sup> & 3<sup>rd</sup> Essay Contest

16 Spring Festival 9:00 am-2:00 pm  
Amity Fire Station

17 St. Patrick's Day

19 Spring Board Meeting

ZOOM at 9 am

### April

1 April Fool's Day

8 Deadline for Oregon FCE News

### Articles

17 Easter

22 ACWW Walk, Yamhill Co.

29 Mail Oregon FCE News

Mission Statement of OR Association for Family  
& Community Education  
To strengthen individuals & families through  
Continuing Education, Leadership Development,  
Community Service

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