



United States track star Wilma Rudolph, winner of three gold medals in the 1960 Rome Olympics, was asked which medal was her favorite. "My favorite gold medal?" she responded, "That's an easy question. It was the relay, because I won that with my Tennessee State Tigerbelle teammates, and we could celebrate together."

Dates to Remember:

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| August 1 | Regional Best of the Best due to VP for Public Policy- Pam Albaro |
| August 1 | FCL attendee list and checks to State Treasurer - Peggy Richmond |
| August 1 | Regional Creative Writing entries due to President Advisor - Esther Button |
| August 1 | State Board Nominations due to Kaycee Smith |

Nominations will be accepted for President Elect, Vice President of Programs, and Secretary.
Nominations for President Elect should come from the Eastern Region.

2026 TAFCE State Conference Update

The theme for the 2026 TAFCE State Conference is "Moving Mountains with FCE." The conference will be held November 15–18 at the River Terrace Convention Center in Gatlinburg. Conference packet available at <https://tafce.tennessee.edu/events/>

For this year's service project, the Eastern Region has selected Wears Valley Ranch and St. Andrew's School, a faith-based boarding school that provides children facing difficult circumstances, through no fault of their own, with opportunities to grow, learn, and thrive. While academic excellence and athletic achievement are valued in this environment, the development of strong character is the greatest priority. Monetary donations will be accepted.

A Laughy Taffy Moment

An AI and a volunteer are discussing job security. The AI boasts, "I can do the work of 100 people in a second!" The volunteer sighs and says, "That's cute. I do the work of zero paid employees every single day."

"Volunteers don't get paid, not because they're worthless, but because they're priceless." Sherry Anderson, author

National FCE Update

National FCE will have a three year program (at minimum) on "Screen Time: Children, Young Adults, and Seniors." The issue comes from an ACWW Resolution that was passed at the 2026 ACWW Triennial.

2026 will be the first year. National will be introducing this with an hour plus workshop (with FCL credit) as well as a new character, Scroller©. The 2026 National FCE Conference will be a great opportunity to learn about an issue that affects each and every one of us! Margaret Polen, Vice President for Public Policy