



# The Homemaker Echo

Official Newsletter of the Hawaii Association for Family and Community Education

Volume 48 Issue 1

March 2022

*In this issue:*

*\*President's Message*

*\*Board Reports*

*\*Council & Club News*

**Go Paperless!** ~100 FCE members have chosen to receive the Homemaker Echo via email. Please consider joining them by contacting me so that I can add your name to the email list. You will receive the Echo in COLOR and weeks before the USPS issue. This also saves HAFCE in mailing costs and it saves a few more trees for a healthy environment.

Send your email address for a paperless delivery to:

Denise Smith

Homemaker Echo Editor

[cdsmith2139@gmail.com](mailto:cdsmith2139@gmail.com)

(650) 969-3422

## PRESIDENT'S MESSAGE

March 2022

It's 2022 and one quarter has already passed us swiftly. Can you believe it? With the Covid slowly fading (but will always be with us), there's hope that we, as HAFCE members, will be able to resume some of our activities in person. HAFCE has been coordinating with CTAHR as to our role with the University. Councils were polled and the result: HAFCE will be a Stakeholder. This means that HAFCE can resume their activities, setting forth their own agendas, meetings, events, etc., etc. We can now meet in homes, community facilities, churches, etc. The only stipulation that HAFCE will need to follow is when HAFCE uses the University or Extension facilities, members will need to abide by the guidelines set forth by the University. (If you don't understand this decision, please contact your council president for a full explanation.) Depending upon your island and your mayor, attending in person will have its own restrictions and parameters. Council presidents, please check updated guidelines and parameters on your island to ensure conditions are met prior to your event so that members are being safe and protected. On this note, your HAFCE Board has approved a Covid Guideline to use when meeting in person. This Guideline is for clubs, councils and any event in the community (members and non-members). Your council president should have a copy of this document. Attached to the Guideline is a sign-in sheet that your secretary (executive committee, board, council or club) will need to keep track of in case of a positive Covid attendee after your event. We encourage members to attend events but only if you're comfortable. Wearing masks to events will be determined by the event hosts. If you feel more comfortable wearing your mask, please do so when attending your events. In the same perspective, if you are uncomfortable in attending in person meeting/events, please feel free to let your event planner know of your decision. Council Presidents, please be sure that your club presidents have a copy of the approved Guidelines. Thank you. Another major decision that is being worked on is the matter of the "Future of HAFCE – (Dissolution)". This vision for this committee, which consists of all council presidents, is to work on the future of HAFCE and getting more persons involved and joining our



organization. One major proposal being discussed, should there be no candidates to fill the HAFCE executive officer positions, each island will provide officers to serve on a rotation schedule. Council presidents from Hilo, Kauai, Maui, South Oahu are in favor of this rotation. Councils will recommend members from the rotation schedule to fill these positions. The committee will be meeting again in April to discuss the specifics of this proposal further. Communication from your council president will be forthcoming.

*President Message Continued*

July 24 is an important date for HAFCE. Nominations for the positions of Secretary, Treasurer, (executive committee) and other board positions will need to be presented to the Nominating Committee with all the required documentations. Jacquie Maly is now contacting members to possibly serve in these positions. Are you willing to jump in and serve in these positions? Please let Jacquie Maly or your council president know of your desire to serve in any of the executive or board positions. Mark your calendar for future Education Chairs program presentations on June 4, August 6, and September 24. Lynn Barut's Ed Chair Presentation on "Being Green" and Cooking Demo is available on Frances Dinnan's YouTube Channel: <https://youtu.be/Bd8X8hj13io>. Lynn's recipe for Chicken Enchiladas will be included in the ECHO this month. Great job, Lynn! A brighter tomorrow is starting for HAFCE. We can start to wake up, get out, start living and participating again! One of the best reasons is to reconnect with our fellow members and catch up those "two" missing years. A lot has changed, our lives are different, our experiences, and values may have changed BUT we all are HAFCE members. Continue to be safe, wear your masks (if you wish and not mandated), and be careful of your surroundings.

*Ruthie Haitzuka, HAFCE President*

Hawaii FCE Board Members

**Executive Officers**

President ~ Ruth Haitzuka  
Vice President ~ Dr. Jacqueline Maly  
Secretary ~ Frances Dinnan  
Treasurer ~ Pat Kubo  
Past President ~ Katsuko Enoki

**Education Chairs**

Health ~ LaVanda Salas  
Home ~ Lynn Barut  
International ~ Sue Stewart  
Leadership ~ Kalei Tong  
Youth ~ Terrianne Sewake

**CES Advisor**

vacant

*From the Editor....*

A Reminder

The deadline for articles for the next issue of the Homemaker Echo is: June 10<sup>th</sup>, 2022



Please send articles and photos to: [cdsmith2139@gmail.com](mailto:cdsmith2139@gmail.com) or 433 Sylvan Ave. spc 39 Mountain View, CA 94041 or (650) 969-3422 or (808) 430-2097 cell ~ Leave a message if I'm not home  
*Aloha, Denise*



**Free to a Good Home!**

**If you would like one or more of these Hawaii FCE enameled membership pins, they are available for free! Contact Denise Smith at [cdsmith2139@gmail.com](mailto:cdsmith2139@gmail.com) or at 808 430-2097 (cell/text) or 650 969-3422 (home) with your name, mailing address, contact info, and how many pins you would like have. Denise will mail them at no cost to you. We have about 40 pins available so there are plenty for your entire council!**

## Home Community Environment Education Chair - Lynn Barut

Lynn gave a wonderful workshop presentation during our recent Mid-Year Board meeting via Zoom on March 12<sup>th</sup>. She shared with us information about how to "Be Green" and to help the environment stay green and healthy. She used NAFCE Hearth Fire book # 43 as the basis for her presentation. Then she delighted us with a demonstration, assisted by Margaret Cambra, on how to make easy and tasty chicken enchiladas. Thank you, Lynn, for a great workshop and for sharing your yummy recipe! D.S.

### CHICKEN ENCHILADAS



Pre-Heat Oven to 350 degrees. Mix together in a bowl:  
Chicken - deboned, shredded (I used the Costco Rotisserie chicken, not sure how many pounds)  
1 can Campbell's cream of mushroom soup  
1 can Campbell's cream of chicken soup  
1 small can chopped green chilies  
1 cup sour cream, 8 oz

Spread mixture in center of flour tortilla (approx. 1/4 cup). Roll and place on large pan, lined with parchment paper. Pour a little water in the cream of chicken soup and brush on rolled tortillas. Sprinkle with cheddar cheese or shredded Mexican style blend cheese. Bake for 25-30 minutes. Top with taco sauce or salsa. Leftovers are great refrigerated and reheated in microwave.



### Trimble Foundation Distribution Committee - Denise Smith

The TF Distribution Committee will meet in September/October of 2022 to determine awardees and amounts of funding to be distributed. Committee members for the next term (2022 - 2023) will be Stephanie Namihira - Big Island, Terry Phillips - Kauai, Stephanie Borges - Maui, Dr. Dixie Dumaran - Oahu, Katsuko Enoki-HAFCE past president, Meleen Pang Corenevsky - Bank of Hawaii trustee, and Heather Greenwood-Jukermeier - CES advisor - Maui. The HAFCE Executive Committee voted on Oct. 6, 2021 to increase the amount of funds available for distribution to \$20,000. This is a considerable amount compared to past years so we hope that we can spread the word to our high schools, colleges, universities, and community organizations, to apply. Individuals applying for scholarships can be FCE members, members of our families, or members of the public. They can be first time college students or returning students. Organizations who apply for grants must be a non-profit dedicated to the betterment of communities through health, welfare, or education. Please spread the word to any friends, family or community members who you know could benefit from our TF grants/scholarships.

**Application forms are available on the [hawaiifce.org](http://hawaiifce.org) website or by contacting any FCE Council President or Board member. Deadline to apply: July 31, 2022.**

## International Education Chair - Sue Stewart

International Workshop Program  
Cooking demonstration on Chinese Smashed Cucumber Salad  
Saturday, June 4 - - Presented by Sue Stewart, via Zoom



The Associated Country Women of the World (ACWW) has a new logo:



The logo has undergone various changes over the last 90 years. This latest version takes into account their long history, honoring the compass shape of the previous version, and looks toward the future of an effective network of Rural Women in Action.

The Commission on the Status of Women is upcoming, with many opportunities for ACWW members all over the world to engage with this pivotal event for the advancement of women's rights globally. Please feel free to register for any of the events that interest you, and share with your friends! When you register for these sessions, please use National Association for Family and Community Education as the organization.

### ACWW Quilt Sneak Peak - Denise Smith

Once again it is time to show our appreciation to our outgoing president by naming a quilt in her honor. The quilt will feature darling little bunnies made in stunning blue Japanese Kasuri style batik fabric. It is named "Ruthie's Rabbits"! This year's quilt fund raiser will be for the Associated Country Women of the World (ACWW), a world-wide organization that HAFCE belongs to, via NAFCE. Tickets will be available for purchase in April from your council presidents for \$5 each or 3 for \$10. The lucky number drawing will be held during the Maui sponsored Annual Meeting on September 24<sup>th</sup>. Good luck to all who purchase tickets!



### 2022 HAFCE Heart of FCE - Kalei Tong

Kalei Tong, a 20-year member of Hawaii FCE is our gentle giant with a big heart. Her love for FCE started with her grandmother, Emma Kakalia who served as a past State President. Kalei has served as Hilo Council Vice-President and Nutrition Workshop Chair. Currently she is the president of her club and State Leadership Chair. Her passion is community service and feeding the hungry is her mission for the past 20 years. At Kurtistown Park once a month she makes 100 sandwiches and feeds 30-50 people. Expenses are out of pocket as she sees the needs first hand. If you ask Kalei, she would be the first to admit that FCE has taught her and her family so much. Lessons learned and friendships made, she always has FCE and her faith to give her strength in her daily life!



Submitted by Hilo Council

**“Memories and History of  
Hawaii’s Homemakers” -  
Published in 1997  
Last Chance!!**

**This oral history book is full of wonderful stories told by our FCE members from times past - home life on the islands and UE/FCE history. There are copies available, for free, on a first come basis but this is the last opportunity to obtain one. Contact Martha Yamada at [martha.yamada58@gmail.com](mailto:martha.yamada58@gmail.com) or at 808 989-1651 (cell) by the end of April. Give her your contact information, mailing address, and how many books you would like. She will mail the book to you at no cost.**

**Rose Kehaulani Blair  
Hanks**



Rose Kehaulani “Kehau” Hanks, 81, of Pukalani, Maui, passed away peacefully on January 23rd at home, surrounded by her loved ones, while under the care of Hospice Maui.

She was born on July 6, 1940 in Honolulu, Hawaii. She attended Kamehameha Schools in Honolulu. Kehau was a kind and loving mother and wife who enjoyed dancing, travel, singing, camping, and fishing. She was very active in The Church of Jesus Christ of Latter-Day Saints and was beloved by the congregation.

She was a member of the Maui and Hawai’i Association for Family & Community Education (MAFCE & HAFCE) where she served as state president from 1989 - 1990; and the ‘Ahahui Ka’ahumanu Society. Kehau moved to Maui in 1976 with her husband Ray Blair (pre-deceased) and their family. They opened Blair’s Maui on Front Street in Lahaina.

She is survived by her husband, Lowell Hanks; her children, Brandon Blair (Naomi), Kambron Blair, Andrew AM Hatchie, Jr. (Wendy), Amberlin Nakamitsu, son-in-law, Melvin Tominaga, and Andaline Simon (Eugene), a brother, and 15 grandchildren, 17 great-grandchildren, 1 great-great grandchild and numerous nieces and nephews.

She is predeceased by her daughter, Anna Napoleon; parents, John and Ruth Napoleon; husbands, Raymond Blair, and Andrew Hatchie.

**NAFCE Promotion**

**What a Deal !! Attendees of the NAFCE Winter Break Meeting, held on February 25<sup>th</sup>, were offered a promotion on the Hearth Fire book series 1 – 71. Numbers 1, 2, 6, 10, 14, 19, 20, 25, 35, & 42 are no longer available. The attendees are able to order several of these Hearth Fire books just by paying the postage. Ideas for the use of Hearth Fires are schools, hospitals, clinics, social service offices, senior centers, district meetings, state conventions, local & county meetings, food banks, welcome baskets, small item to stick in a neighbor’s thank you. The list goes on!**

**Suggested postage amounts are:**

- **Small Priority Box is \$8.25 – will hold 50 HF**
- **Flat Rate Priority envelope is \$7.75 - will hold 50 -60 HF**
- **Medium Priority Box is \$14.25 - will hold up to 400 HF**

**If you are interested, contact Pat Kubo, Jacquie Maly, or Denise Smith who can place an order for you.**

## Evaluation, Post Convention Sept 25, 2021 - HAFCE

Culled from 15 members, out of 32 attendees

- Interested in future ZOOM meetings, especially if topics are educational and interesting. However not everyone has expertise in technologies and knows the meanings of icons. Meeting via Zoom was distasteful to some realizing that face to face convention at this time was impossible. Notably, a lone evaluator said she will not attend future ZOOM meetings
- Memorial service with pictures / brief summary of departed members' life and achievements was easily the number one favorite, suggestion of different speakers for each deceased FCE member
- Business meeting was run efficiently and to the point, stuck to agenda if not strictly to timeline. Good plan to do it early before everyone got tired!!
- Guest speaker was good BUT game was too long and instructions were confusing not clear
- Inspired idea to donate proceeds of raffle quilt to a good cause - ACWW
- Future topics suggested: invitation to NAFCE executive member as guest speaker, no game but craft or cooking demo, how to recruit new members ???, Volunteerism
- Re-reciting of PLEDGE OF ALLEGIANCE turned one attendee off so skipped whole "processional" segment of convention
- Processional seemed redundant and time consuming (calling out names of officers during roll call), alternative idea was visual presentation of leaders with muted music in background.

Submitted: Dixie G. Dumarán, M.D. FCE Windward Oahu Council

### **Hilo FCE – Submitted by Elizabeth Salfen**



**January 2022**

### President's Message

Happy New Year everyone! 2021 has truly been a time of reflection and focusing back on activities that strengthen our family and realize how we are all interconnected. What we choose to do affects others in our community. I want to thank LaVanda Salas, State Health Education Chair, for inspiring me to garden when she did a presentation via zoom. This is a photo of my pink flowers that give me such joy when I see them bloom.

This has been such a hard year as some FCE members lost loved ones to COVID. I would like to sincerely thank you all for your patience and diligence in following the CTAHR guidelines to avoid gathering for the safety of our membership. The situation keeps changing and fortunately the Omicron variant is not as deadly as the Delta and vaccinations are now available to children starting at age 5 and the boosters are also easily attainable. Please continue to share your experience with your family and friends to encourage vaccination if they are eligible.



With our FCE training, we learn to seek information and share knowledge with others for a better life. Please continue to reach out to our members for support and encourage each other as we adapt to the many new things we need to learn and do differently. Sometimes it's remembering what we use to do before ... writing letters, calling a friend, house cleaning, sewing, crafts, cooking, or just sitting and talking with family while watching the sunset. Slowing down and learning to enjoy the moment.

I would like to thank our leadership team that served in 2021: Carolyn Sewake, Elaine Sumida, Robin Messenheimer, Maria (Rose) Vierra, Clair Kawahara, Lee Watanabe, Kalei Tong, JoAnn Aguirre, Shimomi Araujo, Rose Mary Hokoana, Liz Salfen, Jill Yamamoto, Denise Smith and Karen Hamada. Thank you for your support and the creative ways you served our membership.



Your leadership team for 2022 include: LaVanda Salas – Vice President; Terrie Sewake – Treasurer; JoAnn Aguirre – Secretary; Jill Yamamoto – Membership Chair; Liz Salfen – Hibiscus; Echo – Denise Smith; Ways and Means – Karen Hamada; Club Presidents: Claire Kawahara – Hanalike Kakou; Lee Watanabe – Hoaloha; LaVanda Salas – Hoike; Kalei Tong – Hoolulu; Terrie Sewake – Hui O Wahine; Shimomi Araujo – LHK; Liz Salfen – Puna Wahine; Rose Mary Hokoana – Settlement. Your leadership will work to sustain and care for our organization and I kindly ask for all members to encourage and support them as they serve you. I want to acknowledge and ask your help to congratulate those members that received their membership pins at our December celebration. Their years of dedicated service to FCE have helped to sustain us and care for our community through continuing education, developing leadership and community action. I look forward to learning new ways of doing things. Bless you and stay safe. With Gratitude, Martha Yamada Hilo Council President

## Garden Walk/Talk ..... “Kitchen Garden to Live and Eat By”

Flown, not grown. Sustainable! These are not just buzz words to members of Hui O Wahine. Members and friends were invited to Russell and Lynn Nagata’s “garden” during the months of August and September to get tips on how to start/grow their own herbs, vegetables, fruits, etc. It is important to all members to “know” where their food comes from as well as how it is grown. Russell shared his gardening best practices that included organic and conventional growing methods and how to create raised benches to hold pots at a comfortable level (so no more bending over to garden). He shared how to select soil, pot choices, pest control strategies using beneficial bugs and plants, and selective use of chemical pesticides. Also toured were protective structures (greenhouse/shade house) to shelter plants from adverse weather. Members were encouraged to start and/or continue their home gardens for healthier eating.



\*Participants met outdoors and observed all safety measures. Pictures include some of the participants and a sample of a daily “harvest”; depending on what’s being grown, harvest varies.

## Thank You



We want to thank Harvey Chun who generously donated \$1000.00 to Hb Council. He is a member of LHK and cuts fabric for our quilt sewing group and helps set up for our FCE Fair and Rummage Sale.

Thank you, Harvey, for all your support and we miss Mollie very much

## **BON VOYAGE \*\*\*\* Goodbye (Aka Morolung in Palaua)**

It's been a pleasure knowing you, Marie Rose Vierra. In your 31 years with the UE/FCE organizations you have held various positions. The longest (if I'm correct) is the Hilo Council Treasurer and the latest is President of the Ho'ike Club.



Your zest for knowledge, life and your inquisitive nature has inspired me to do the best that I can be in any thing I do. And best of all, just having fun, is what I love about you. As the future President to past President of Hoike Club, I bid you farewell, one chapter in your life is closing however, another one is opening. I wish you all the best Marie Rose Vierra!

Aloha Ke Akua LaVanda Salas Ho'ike Club President

Blessed are those who hunger and thirst after righteousness, for they shall be filled. Matthew 5:6



### **Collage of activities, prizes, and food we ate**

Top Left: Yes, we played BINGO via Zoom

Top Middle: Braised Kulana Beef, Hamakua Mushroom and Edamame Risotto, and Baby Bok Choy (Aloha Mondays)

Top Right: Opera Torte: Light Gluten free Macadamia Sponge, Ka'u Coffee Buttercream and 62% Dark Chocolate Ganache decorated in Filigree  
(Made by Denis Johnston of Dulce)

Bottom Left: Fresh Catch, Hamakua Mushroom and Edamame Risotto, and Baby Bok Choy (Aloha Mondays)

Bottom Middle: Kabocha and Tofu, Hamakua Mushroom and Edamame Risotto, and Baby Bok Choy. (Aloha Mondays)

Bottom Right: Sample of some of the grabbag gifts and prizes

## HOALOHA'S SPIRIT OF GIVING

These past two years have been very challenging for everyone due to the pandemic. Despite the challenges, Hoaloha FCE Club, Hilo Council, has continued with their service projects in giving to the community. In October 2021, The Hawaii Island Chamber of Commerce had a drive to collect \$5 or \$10 gift cards to be presented to the Healthcare Heroes. Hoaloha donated ten \$10 gift cards from local merchants as well as ten homemade greeting cards made by Vice President Marcia Matsui with a special appreciation note written in each card. The Friends of the Children's Justice Center (FCJC) serves children of abuse. They are always in need of clothes, school supplies, toys, books, etc. On December 9, 2021, Hoaloha donated all of those items and some including a \$100 cash donation.

CJC is always seeking volunteers. Hoaloha's Treasurer Cindy Yoshimoto volunteered her services stuffing Christmas stockings which were given to the children. One of the service projects we missed during the pandemic was our annual Christmas gift wrapping project for the Child Welfare Service. Other club members assisted us with this project. Hopefully, as we are nearing an Endemic, we will be able to resume the projects we hold dear to our hearts in servicing our community. Everyone, please keep safe and stay well until we can meet again in person.

Submitted by Lee Watanabe



Christmas stockings – L to R Cindy Yoshimoto, Robin Benedict CJC Program Coordinator, Amy Kuan Friends of CJC Volunteers ←



Presentation to Children's Justice Center – L to R Cindy Yoshimoto, Robin Benedict CJC Program Coordinator. Lee Watanabe ←

## Kauai FCE – Submitted by Frances Dinnan



SELF CPR - emailed to KAFCE by SuzieYokoyama, Thank you 😊

1. Let's say it's 7:25 pm and you're going home (alone of course) after an unusually **hard** day on the job.
2. You're really tired, upset and frustrated.
3. Suddenly you start experiencing severe pain in your chest that starts to drag out into your arm and up into your jaw. You are only about five km from the hospital nearest your home.
4. Unfortunately, you don't know if you'll be able to make it that far.

5. You have been trained in CPR, but the guy that taught the course did not tell you how to perform it on yourself.

#### 6. HOW TO SURVIVE A HEART ATTACK WHEN ALONE?

Since many people are alone when they suffer a heart attack without help, the person whose heart is beating improperly and who begins to feel faint, has only about 10 seconds left before losing consciousness.

7. However, these victims can help themselves by coughing repeatedly and vigorously.

A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest.

A breath and a cough must be repeated about every two seconds without let-up until help arrives, or until the heart is felt to be beating normally again.

8. Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it to regain a normal rhythm.

In this way, heart attack victims can get help or to a hospital.



9. Tell as many other people as possible about this. It could save their lives!

10. A cardiologist says: "If everyone who gets this email & kindly sends it to 10 people, you can bet that we'll save at least one life.

11. Rather than sending jokes, please help by forwarding this email which can save a person's life...."

Written by: Dr. Patrick Teefy, Cardiology Head at the Nuclear Medicine Institute, University Hospital, London, Ont.

#### 2022 Books for Newborn

KAFCE supports and encourages early literacy for Kauai's children. Books will be purchased, labeled, and distributed to Wilcox Hospital's Pediatric Dept. Reading readiness benefits our whole community and we are thankful for the volunteers, donors, and partners who participate in this endeavor. Please contactCarolynn Lum, BFN Chair, [hawaii96766@yahoo.com](mailto:hawaii96766@yahoo.com), if you have new or slightly used books or funds you wish to donate.

#### 2022 Trimble Scholarship

You can help by passing the word on to individuals or organizations that you are familiar with to *apply*. Trimble Scholarships are awarded annually by the Hawaii Association for Family and Community Education (HAFCE) to individuals and organizations. Alice P. Trimble was Hawaii's first Extension Agent in 1936. The Trimble Foundation, established in 1974, honors Alice's outstanding contribution and service to Hawaii's communities.

Award amounts vary according to number of completed apps and requests. The Trimble

Committee has access to award up to \$20K in scholarships this year. Repeat applications are encouraged. Visit the following website for more info and applications: <http://hawaiifce.org/>

### 2022 CHARACTER COUNTS! ®

KAFCE did not participate in the CHARACTER COUNTS! ® program this year due to several factors. Operating in a Covid environment changed our approach in making classroom presentations and teacher visits. Although an article was written and submitted to the local newspaper, staffing shortages due to absences hindered publication. We regret that this is the first time in 20+ years that KAFCE has not participated. Our best wishes to other HAFCE Councils in submitting a winning essay and artwork on the topic of: "Fairness" to National FCE's Character Counts! ® Contest.



Frances Dinnan Newsletter/Historian

### President's Message

A moment of silence for ~ the passing of former FCE member Audrey Kawado (Daphne McClure's sister) Passing of Sanae Morita's husband. Carolynn's health challenges. (She keeps on keeping on). COVID numbers coming down. Mayor's and Governor's COVID mandates n rules expiring or being relaxed. Exciting times of change.

Watching food prices and gasoline prices rise. However, globally my heart hurts for the Ukrainian people. Act locally but think globally. We celebrate and acknowledge and appreciate our new/returning KAFCE Executive Board members --- Laurie Ho, President; Joyce Nakahara, Vice President; Frances Dinnan, Secretary and Marina Pascua, Treasurer. We thank and offer support to Terry Phillips who has volunteered to represent Kauai FCE on the Trimble scholarship review/awards committee.

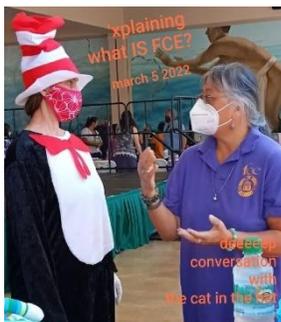
Laurie Ho President

Our Hearts 💕❤️ Go out to . . .

**Ukraine**, a sovereign nation, under attack by Russian forces. We 🙏 for the people of Ukraine who are fleeing their home Country to escape bombing and other war atrocities inflicted on their people. May the world unite in suppressing Russia to immediately stop this invasion and salvage what's left of our humanity. War is never a solution to take against a neighbor.

War - An act of violence whose object is to constrain the enemy, to accomplish our will.

George Washington



KAFCE Volunteers participated in Kukui Grove Center's Read Across America Event on Sat., March 5, 2022

HAWAII ASSOCIATION FOR  
FAMILY AND COMMUNITY EDUCATION  
339 KALILI STREET  
HILO, HI 96720-4061