

Hi Fellow FCE Members,

This is my last letter to you as President. August 28, Bettie Lucas of West Virginia takes over as President. I have enjoyed my three years in this position, even with the ups and downs of change to the organization. And with this economic downfall, FCE was not spared. \$150,000 value was lost from our Edward Jones investment account last year and the first of 2009. In March, the Executive Board voted to remove \$100,000 from Edward Jones and invest in CD's. There is hardly any interest, but at least the loss has slowed.

Portland, Oregon, was to be my last conference as President. On June 20, the stainless steel rods in my spine broke, making it impossible for me to attend. I had to get pain injections so I could travel from Ohio to Florida for more surgery and more rods on July 20. It was a relief to have such a dependable Vice President for Program, Judy Fullmer to take over. The other Board Members and On-Site Committee all did their parts in easing her burden with the extra duties. I can't thank them enough.

The Conference went well without me. I have received good comments from many who were there about the speakers and workshops. Over \$7100 was raised from the sales, silent and closing auctions, Coins for Friendship, Dollars for Leadership and other donations. Some attendees were lucky winners.

Delois Ledford, Tennessee President, won an FCE road sign.

Joan Geyer of North Dakota won the complimentary FCL Day registration.

Sheila Jackson of West Virginia won the drawing for the 1 year ACWW membership and History Book
Kansas and Tennessee were recipients of the Tree of Knowledge drawings to provide a scholarship to one of their members for FCL Day in 2010.

FCE members again were very generous and brought 410 children's books to conference. This year the Doernbecher Children's Hospital and Shriner's Children's Hospital received 205 books each. A request had been received for Spanish language books. 134 were donated. (See the letter and photos in this issue.) Also some Spanish Language Hearth Fire Issues were donated to Doernbecher Hospital for their teaching classes.

Three new Hearth Fire Issues were introduced this year:

Someone's Looking in the Mirror...and Sees the Face of Arthritis

Someone's Asking...What is Sexting and Cyberbullying?

Woman to Woman...Look Fit and Fabulous at Any Age

They can be ordered in sets of 10 for \$3 from FCE Headquarters.

Past Hearth Fire topics were presented in a workshop, Getting Your Papers in Order. Using CHARACTER COUNTS! Pillar Books and FCE Friends Storybooks were workshop topics, too. Check with those from your state who attended for information about these and more conference presentations.

During the Closing Banquet I received a phone call. It was a big "We miss you" from those in attendance. That really lifted my spirits (and made me cry) as did the giant card I received in the mail with get well notes from FCE members in attendance.

I wish the 2010 Board well as they work to continue the work of FCE. And a special heartfelt best wish to my friend, Bettie Lucas.

Sincerely,



Carolyn Ropp, FCE President



KNOW YOUR BOARD

It is my pleasure to serve National FCE in the position of President. I have been a member of the organization for 26 years. I have served the organization previously in the capacity of Eastern Region Public Policy Coordinator and Vice President for Public Policy.

I live in Washington, West Virginia with my husband Scott and my dog Millie. I am a 7 year ovarian cancer survivor. This experience has spurred me to work in my community on several cancer awareness and education projects. I also serve on the Appalachian Community Cancer Network as a community advisor.

In my spare time (*what's that?*) I like to paint, draw, make jewelry, and learn new things about computers. My wish for FCE is that we will grow and become recognized for the great and essential organization that we are!



Bettie Lucas

National FCE President-Elect

VISION COMMITTEE'S REPORT

After the 2008 conference, President Carolyn Ropp appointed a Vision Committee. Judy Fullmer, Vice President for Program was Chair, with members Harriet Steenson, NE; Margaret Mai, AZ; Kristin Walker, WV; Jean Skibinski, DE; Marlene Currin, OR; Kathy Frusher, KS. They worked all year researching other groups with vision statements, the How To's of writing a statement, and gathering ideas from other FCE members. A consensus was reached and the following statement was submitted at the 2009 Annual Conference.

"Empowered women build better lives through friendship, practical knowledge, leadership and advocacy. These qualities attract new members who join to become more caring and involved citizens."

BOOK DONATION

Dear National FCE:

On behalf of Shriners Hospital for Children in Portland, Oregon, I would like to thank you for your kind contribution of books. Your generosity is greatly appreciated.

Today in Portland, Shriners Hospitals for Children offers the latest in technology and a highly trained staff which provide both orthopaedic and plastic surgery services. However, Shriners Hospitals for Children offers more than just routine care. When necessary, we provide the patient's entire family with education, social services, a nutritionist, and a variety of other support systems which help enable a child to reach his or her potential.

We are proud of our tradition and pleased that through your kindness you are a part of it. Together we are truly making a difference in the lives of the children we serve.

*Sincerely,
Richard M. Cagen
Administrator*



Judy Fullmer delivered books collected at National Conference to Shriners Hospital



Books were also donated to Doernbecher Children's Hospital

LOOK WHAT'S NEW

The popular Hearth Fire Series continues to grow. At the 2009 National Conference in Portland, Oregon three new Hearth Fires were introduced.

#45 ~ "Someone's Looking in the Mirror...and Sees the Face of Arthritis". A lesson on all types of arthritis, a disease that affects almost everyone and of all ages and how you can help overcome the affects.

#46 ~ "Someone's Asking...What is Sexting and Cyberbullying?" Having access to the internet is great way to stay in contact with family and friends. Be aware others use this popular communications tool as a means to be hurtful especially to your children.

#47 ~ "Woman to Woman...Look Fit and Fabulous at ANY AGE". Do you ever wish someone could help you pick out the correct outfit or your makeup for that good first impression? These guidelines will help you to look fabulous everyday!

THE FOUNDING OF WOMEN'S INSTITUTES

In 1897 the first Women's Institute (WI) was created in Ontario. Adelaide Hunter Hoodless was the woman who started it. Her infant son died from drinking raw milk. Her goal was to train young women about this health issue to save the lives of other babies and to better equip [educate] women for family life. Raw milk is still an important issue in Canada. It is illegal to sell it.

Today there are over 500 Branches and 7500 members in Women's Institutes. They work to positively impact family life and fundraise for important causes. Other issues WI's educate members about are AIDS, water safety (to prevent drowning), ovarian cancer, food safety, grandmothers raising grandchildren, ACWW and its projects. Personal growth and community action are areas of focus – sound familiar?

Source: *Home and Country Rose Garden*, 2006 & 2007 issues.
Federated Women's Institutes of Ontario

International Friendships

Members attending the 2009 Conference for National Association Family and Community Education in Portland had the experience of learning about what the state of Michigan does to promote International Friendships.

Because of the close proximity of Canada to the United States and Michigan, the Michigan members have started an International Exchange with the Women's Institute of Canada, from both the Lower Peninsula and the Upper Peninsula of the state. Betty Goldammer and Marion Eagling, state president and past president, explained how the exchange was started and what members are doing now.

Pictures were shown about the exchange, and there was great interest in what the Canadian visitors are doing in their country that may be different from the Michigan programs. Both ladies explained that the door has been opened up to their members, and Michigan members alike. Attendance at Michigan State Conventions and exchanges with Canadian programs occur every year.

Patricia Stutzman
Central Region Program Coordinator

2010 ACWW TRIENNIAL HAPPENINGS

The Associated Country Women of the World (ACWW) meet in Little Rock, Arkansas in June, 2010. All ACWW members, which includes FCE members, are invited to participate in a fund raising project. ACWW wants to produce a cookbook – cookery book – for sale at the meeting. Recipes should typify American cooking. Send your recipe(s) to:

Louise Nichols, USA Area President
5424 E Pierceton Road
Pierceton, IN 46562

No cutoff date has been given, however, it is best to send your recipes as soon as you can.

ACWW Board members would like to update the ACWW logo. The current logo, used since 1936, represents "...the four points of the compass linked together by a circle of friendship against a green background representing the earth's green carpet". Use your creativity and artistic skills to submit a more modern logo. Send suggestions to:



CWC Logo c/o the Editor
Mary Sumner House
24 Tufton Street
London SW1P 3RB
England

The location for the 2013 Triennial is uncertain. China withdrew their offer to be the host in 2013.

FCE will sponsor an ad in the Triennial program book and Bettie Lucas is offering to make jewelry for the sales shop. If you are interested in attending the Triennial, contact Judy Jones at FCE headquarters, for a registration form.

FCE to SECOND ACWW RESOLUTION

Bettie Lucas will represent National FCE as President and voting delegate at the 2010 ACWW Triennial in Hot Springs, AR, April 21-28. As the FCE representative, she will second Resolution 4 to Stop the Use of Plastic Bags and Reduce Use of Packaging.

"Be it resolved that all ACWW member societies urge their communities to stop the use of plastic bags and to reduce excess packaging. Consumers need to be informed and governments need to take action in order to promote a sustainable future."

The resolution was accepted from the European Area Conference. FCE submitted a similar resolution. President Lucas will offer supporting rationale.

2009 SPIRIT OF FCL WINNER



Oarlene Wingate, Hawaii

Oarlene Wingate is well respected within the organization because of her leadership skills. She represents the ultimate FCE member - joining FCE as a young wife and mother. Through Family Community Leadership (FCL) training she eventually served in various officer positions at local and state levels. She also served as National FCE President Elect and as the National FCE President in 1995-1997. Most of her leadership skills were learned through FCL training sessions. She is always willing to share her expertise and works tirelessly to help others become more confident in leadership roles. By conducting monthly Parliamentary Procedure workshops she is helping other members gain knowledge and skills that will enable them to become better leaders in FCE and the community. Oarlene supports FCE and FCL and sets a wonderful example for the rest of the organization.

Congratulations also to the other State nominee:

Margaret Mai, Arizona

The Good old Days” ???

Advice to a 1912 Bride on washing clothes

1. Build a fire in backyard to heat kettle of rainwater
2. Set tubs so smoke won't blow in eyes if there's wind
3. Shave one whole cake of soap in boiling water
4. Sort things – make 3 piles – 1 pile white, 1 pile coloureds, 1 pile work britches and rags
5. Make starch – stir flour in cool water to smooth, then thin down with boiling water
6. Take white things, rub dirty spots on board, scrub hard, and then boil. Rub coloureds, don't boil, just rinse & starch
7. Take things out of kettle with broomstick handle, then rinse & starch
8. Hang old rags on fence
9. Spread tea towels on grass
10. Pour rinse water in flower bed
11. Scrub floors with the hot soapy water
12. Turn tubs upside down
13. Go put on a clean dress, smooth hair, brew a cup of tea, and sit for a while and count your blessings!

(Previously published in Rootsweb Review 14 Nov 2001)

Why not tape a copy of this to your automatic washer to remind yourself just how lucky we are!

Advice from Kay Love

by Barbara Thomas

Kay Love, Alaska FCE member was the epitome of my favorite FCE motto “Find Something You Care About and Then Live a Life that Shows It.”

Kay was author of two books FCE members distributed to new mothers, “*Momma Bear, the Reader*” and “*The Purple Bumble Bee*”.

Kay passed away April 2009 just four months shy of her 96th birthday. Her advice for a long and healthy life “Stay happy and have a positive outlook every day, keep busy, don't get despondent and keep the Faith whatever the Faith is for you. Keep your sense of humor, be happy in your work because a lot of people aren't happy in their work, but if you have a sense of humor you can be happy. After you retire I suggest that you volunteer for every good thing you can think of because that keeps you busy and out of trouble. Just keep volunteering.”

2009 Heart



ALASKA
JOY CAREW



ARIZONA
VELMA DELONG



COLORADO
PAT STONEBROKER



DELAWARE
JOAN CONARD



HAWAII
SANAЕ MORITA



KANSAS
MARGARET FUSTON



MARYLAND
LOUISE EDIGER



MICHIGAN
RUTH GAINOR



MISSISSIPPI
CAROLYN CULLEN



MISSOURI
UMBRA DUFFY



NORTH DAKOTA
MARY ELLEN
STUDEBAKER



OREGON
ARLENE WILSON



TENNESSEE
CATHY OAKS



TEXAS
JO ANN BONE



VERMONT
JEAN BLACK

The Heart of FCE Award is used to pay tribute to the unsung grass root members who make a difference in their communities through their FCE work.

PROGRAM AWARD BOOK WINNERS

EDUCATION

FIRST PLACE ~ West Virginia

Ovarian Cancer, the disease that whispers, is now talking louder in Pleasants County and to area doctors. These women learned that listening to what their body is saying and "Asking" about ovarian cancer symptoms and risks that can save their lives.

Through a \$2,500 grant from Reaching Out... Raising Ovarian Cancer Awareness, West Virginia FCE spread the word that ovarian cancer symptoms can be recognized before they reach stage 3 or 4. Through their efforts doctors in Pleasants and Wood counties know they need to talk to their patients about the risk factors and symptoms of ovarian cancer before they happen.

SECOND PLACE ~ Maryland

Maryland Association for Family and Community Education is very proud that we have been able to energize our 200+ members to make their homes greener, to drive more carefully, to recycle, and to encourage friends and family members to do the same. If the more than 200 citizens we have already reached and others we plan to reach continue to do their part, just imagine the positive impact this will have on our homes, communities and the global environment.

THIRD PLACE ~ Missouri

Twenty FCE members have been given the opportunity to become involved in a project that will impact generations. Leadership skills enabled Missouri FCE members to train 176 FCE members to continue the educational lessons to promote recycling.

The Recycling Committees efforts have encouraged the MAFCE to continue the involvement in furthering the educational benefits of recycling for the citizens of Missouri. Accessible locations for drop-off of recyclable materials have been provided, educational materials have been distributed, a Recycling Week was declared, an ad was developed for the local educational channel, and an educational DVD was developed to assist presenters in school.

Family ChoiceE-Media Survey

A survey was distributed at the National FCE Conference for Family ChoiceE-Media. The survey is used to raise consciousness of what your children or grandchildren are doing with cell phones and the internet and how you can help them. You can contact your state president for more information.

PROGRAM AWARD BOOK WINNERS

LEADERSHIP

FIRST PLACE ~ West Virginia

Through West Virginia FCEs Leadership/Mentoring Project, 19 youth had the opportunity to be a leader in a significant community event. The event brought recognition to NAFCE as a strong and effective educational organization. The children heard a presentation by Professor Media and received from Professor Media 2 each of NAFCEs FCE Friends Storybooks for a total of 178 given out. Thanks to NAFCEs *FCL Mentoring Magic* lesson, WVFCE is recognized as a key organization for the improvement of society in it's area.

SECOND PLACE ~ Arizona

By setting goals and objectives, and putting the program to work, ten FCE members worked 654 volunteer hours to make the program a success. We didnt reach our goals in numbers, but we made a huge impact in Arizona by reaching 545 preschool to 12th grade children and training 29 teachers. FCE members spent \$1,295.00 for implementation of CHARACTER COUNTS!, Head Start programs, videos for schools, and materials for participants in workshops. Grant funds were received and monies were raised to help offset the costs. Arizona FCE gained new members, more visibility and much enthusiasm for continuing this project.

THIRD PLACE ~ Hawaii

In a rural community, Hilo FCE Council wanted to promote candidates networking with each other to encourage communication and collaboration that is essential to a small community. FCEs forum strove to create an environment that provided candidates the same opportunities whether they were brand new or the incumbent. All FCE clubs worked closely together to put their leadership skills into action to organize, promote and conduct the event. The event provided a valuable opportunity for community leaders to learn about FCE as we learned about the candidates. The event was well received.

National FCE CHARACTER COUNTS! Essay and Artwork Contest

The essay and artwork contest no longer needs to be completed during school. This will allow FCE clubs to conduct the contest with 4-H Clubs, Boys and Girls Clubs, Scouts, Sunday School classes or libraries. It will give greater access to 4th grade students to compete in the contest. Many schools don't have time for outside projects such as this because of mandated programs they must prepare for.

PROGRAM AWARD BOOK WINNERS

ACTION

FIRST PLACE ~ West Virginia

West Virginia FCE wrote and received a \$20,000 grant from the Susan G. Komen for the Cure Foundation. This action allowed 74 women aged 40-49 to qualify for free screening mammograms. The free clinics that were sponsored gave 252 free pap and pelvic exams and clinical breast exams. 1228 women were touched face to face by this program. The message of "Early Detection is the Best Protection" is now known in rural Appalachian Counties of West Virginia.

SECOND PLACE ~ Kansas

Our 1874 members are excited about helping students become more aware of the Pillars of Character. There were 155 members who took this contest to schools and found that the teachers and students were extremely interested and supportive of this program. Students are excited about learning and being respectful to other members of the class. Through the essays children learn to care about how they treat their classmates and how they want to be treated in return.

We feel this is a worthwhile project and will continue with this program and contest next year with a new pillar of character.

THIRD PLACE ~ Tennessee

FCE is striving to maintain momentum for this statewide childrens literacy program. FCE clubs are sponsors and partners with the Governors Books from Birth Foundation. McNairy County FCE clubs raised \$12,845 for the McNairy County's Imagination Library. McNairy County FCE used the Hearth Fire series #40 "Books the Other Channel" at Even Start, Pre K, Head Start and McNairy County Family Resource Center for parents to become better informed as to the justifications and implications of parents involvement in reading to their children.

CONGRESSMEN NEED TO HEAR FROM YOU!

Want to let your Congressmen know what you think about the Health Care Bill?
Then TAKE ACTION!

1. Write a short letter stating whether you are in favor or opposed to the bill. No long explanations are necessary. Keep to one page in length.
2. Send it by fax or e-mail, preferably. By regular mail takes a long time to reach them. You can phone also.
3. Introduce yourself as a voting constituent. Be polite and non-threatening.
4. Only contact your representatives and senators.
5. Thank them for considering your views.

All state presidents and alternative voting delegates received a "Congressional Directory" at National Conference. It contains the contact information for all Congressmen. Remember, not everyone agrees with your opinion. Your Congressmen hear from all views. So their vote may not agree with your view. Do make your voice heard!

ALUMNI SCHOLARSHIP WINNERS

CENTRAL REGION

Sharon Giacometti, Kansas
Margery Dudley, Nebraska

PACIFIC REGION

Margaret Raymond, Hawaii

OUTSTANDING UNIT AWARD 2009

Montgomery County Association for FCE,
Maryland

Rockingham County, Virginia

Eastern Region Tennessee

PROGRAM AWARD DISPLAY BOARD WINNERS

EDUCATION

First Place ~ Tennessee FCE
Second Place ~ Colorado FCE
Third Place ~ Missouri FCE

LEADERSHIP

First Place ~ Hawaii FCE
Second Place ~ Arizona FCE
Third Place ~ Missouri FCE

ACTION

First Place ~ Tennessee FCE
Second Place ~ Kansas FCE
Third Place ~ Colorado FCE

MEMBERSHIP MARKETING CHALLENGE

Mississippi FCE

West Virginia FCE

Here is a child's response to a school science exam -
Name the four seasons.
A. Salt, pepper, mustard and vinegar.

FOOD QUIZ

1. What is the source of *vanilla*?
2. What is a *Vegan*?
3. What is *edamame*?
4. Are you familiar with the hot pepper scale?
5. What is *mesclun*?
6. How many *bottles of catsup* does the average American eat in a year?
7. What are *heirloom tomatoes*?
8. Is *Dandy celery* a different color or different shape?
9. What is *Chorizo*?
10. How do you make *compound butter*?

Answers on back cover

CHARACTER COUNTS! ESSAY AND ARTWORK WINNERS

First Place ~ Emily Brewer, Lawrenceburg, TN

Second Place ~ Tom Irwin, Dickinson, ND

Third Place ~ Samantha Heikell, Linden, MI

If you think you eat a lot of corn...

In 2007 more than 94 million acres of corn were planted in the United States. Less than 1% of that was devoted to sweet corn. The remainder was field corn grown for livestock feed, ethanol production and food products such as high-fructose corn syrup.

Gourmet the magazine of good living, August 2008

This just shows that American farmers plant crops for a lot more than food consumption. We need to appreciate all of the products they grow to improve our lives.

PUBLIC RELATIONS ACTIVITIES, 2009

1. Montgomery County, Maryland FCE members educated many non-FCE members about FCE programs through local fairs, bazaars and the news media.
2. Rockingham County, Virginia FCE members presented family issue programs for members and non-FCE members through TV, radio & newspapers.
3. State of Hawaii FCE members published an article on CHARACTER COUNTS! that was printed in the local newspapers. They also taught many other great FCE programs this year.
4. West Virginia FCE members put up many posters on “101 Ways to Celebrate the Family” and had great media coverage with this and all FCE programs.
6. Tennessee Eastern Region FCE members during Community Education week used FCE Hearth Fires, and CHARACTER COUNTS! programs. This is just a small sample of their many programs.
7. Dunkin, Maryland FCE members used programs on women’s issues along with other numerous FCE programs.
8. Manister County, Michigan FCE “Welcomes Newborn” project collected layette items to help parents of newborns in need.
9. Michigan FCE member Audrey Warren conducted District Meetings on our history to promote FCE.
10. Delta County Michigan members raised funds to help many local families and single women with children obtain much needed items.

CHARACTER COUNTS! Language and Actions are Good to use Anywhere

Trustworthiness - Be trustful and sincere in dealings with others. Keep confidences.

Respect - Respect speakers by turning off cell phones in meetings or where phones are prohibited.
Respect time constraints of individuals and in meetings.

Responsibility - Complete assignments for work or groups as requested. Report information accurately.

Fairness - Be fair to others by observing rules and guidelines.

Caring - Be polite, supportive and courteous to others.

Citizenship - Participate in community and group activities.

1909 to 2009 and on...

There is a club in Gibbon County, Nebraska, that formed in 1909, the horse and buggy days. Women then had few ways to socialize but these women found a way. They decided to meet every 2 weeks. The hostess would prepare an elaborate lunch (they tried to out do each other, of course). After lunch the women would do mending, quilting, darning and other sewing work the hostess had to do.

FCE did not organize until 1936 but the great thing about this club is that they formed on their own. They joined with Extension on some projects in 1925, worked with 4-H and stayed with FCE through all its name changes and are still an active FCE group. That is called loyalty.

After several name changes, the group settled in 1931 on Pioneer Club. It is still called that today. They have used all of the Hearth Fire Issues, the FCE Friends Storybooks and the CHARACTER COUNTS! booklets. Gibbon County President, Carolyn Woodman keeps the above in her home so members can go and preview the material to select what seems appropriate for a lesson at the time.

In 1946 they started to collect for Pennies for Friendship to support ACWW.

Six women are four generation members. Since 1958 they have donated books to the city public library in memory of deceased members.

The club motto is "Home is the Greatest Institution of the World!" The club flower is a pink rose and their colors are pink and green.

Pioneer Club members will receive a certificate from National FCE and each member will receive a copy of one of the newest Hearth Fires. It is quite a feat for a club to stay together for 100 years.

Congratulations!, Pioneer Club members.



From left Dorothy Miller, President Marilyn Kraft ,
Beverly Yendra, Edith Brill, Sharon Kroll.
Not pictured Veda Thomsen

First Timers Report

On July 17-19, 2009, I was a First Timer attendee of NAFCE Conference in Portland, Oregon. I felt FCE on the move as the 73rd NAFCE Conference "Gathering the Roses of Life" events and activities were shared. I was filled with excitement and anticipation and had the opportunity to make new friends.

My utmost highlight event was the FCL Training Day. I enjoyed the workshops and participated in a group to learn to grow with FCE, which I plan to share with my club members.

The entire FCL Day was informative as we started with a workshop "Point Made". The objective of Point Made! Is to focus on how to make yourself better understood when presenting a lesson, being a speaker, or just talking to one person using the 30 second rule. It is important that you write down your key points, concentrate, practice, practice, practice, and having the right approach with eye contact, posture, physical appearance and clothing.

Ready or not Ready-Understanding Robert's Rules. I plan to follow Robert's Rules when conducting our meeting. Keep order and resolve issues.

What is PUBLIC POLICY?-Public Policies are decisions made by government groups that affect people within their jurisdiction. What is PRIVATE POLICY?-Decisions made by private groups.

BEING PREPARED FOR "CHANGE" Change is happening every moment of every day. Change can make your life challenging. The overall objective-skills needed to adapt and manage effective change and transition within our life. Embrace "CHANGE"

I was honored and grateful to be awarded the First Timer NAFCE Scholarship Award. Thank you NAFCE Alumni Board Members

NAFCE Conference inspired me to share with my friends and community.

*Margaret Raymond
Makawao, Hawaii*

Food Quiz answers

1. An Orchid bean pod
2. Someone who eats no meat, dairy products, eggs or cheese
3. A type of soybean developed in Japan that looks like a fat lima bean. Shelled edamame may be found in the freezer section of your grocery store. It can also be cooked and eaten in the pod.
4. Hot peppers are graded by Scoville heat units. A Jalapeno pepper has 8000 units. The bhut jolokia, a recently found hot pepper raised in India, is 1,001,304 units!
5. A blend or mixture of young salad greens
6. Three bottles. Are you getting your share?
7. Old-fashioned or “antique” varieties of tomatoes. They are often grown from seeds that have been passed down from one generation to another.
8. It is straw like - a naturally grown celery stalk with a hollow center
9. It is a spicy, cured pork sausage
10. Add to softened butter chopped herbs, grated cheese, chopped chilies or grated citrus zest. Mold, wrap in plastic and chill. Serve with crackers, fish, grilled meats, biscuits or.....

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